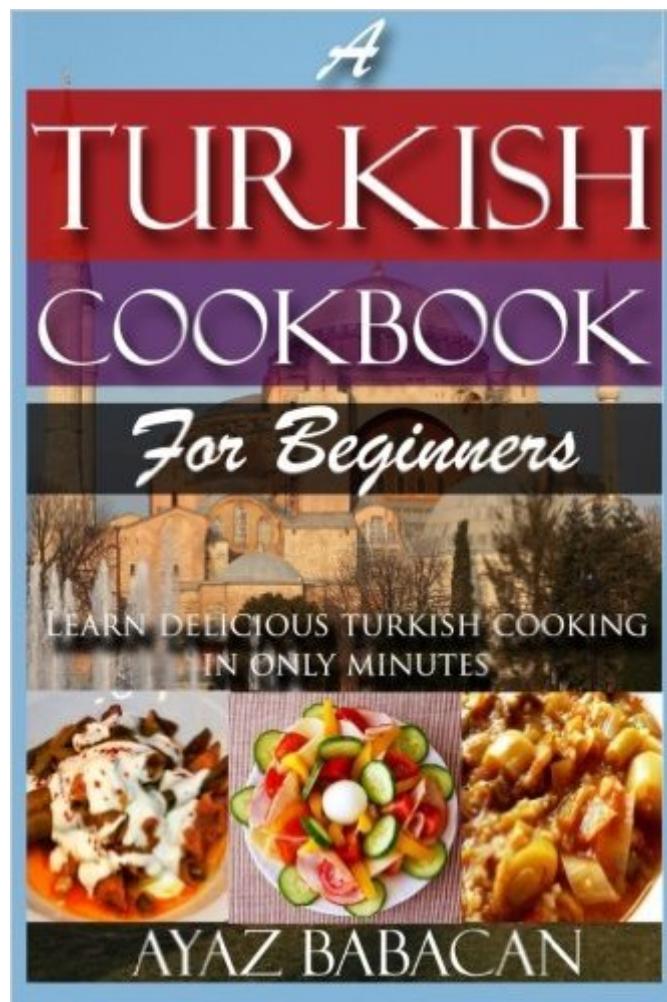


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# A Turkish Cookbook For Beginners: Learn Delicious Turkish Cooking In Only Minutes



## **Synopsis**

Turkish cuisine is known throughout the world for its rich and bold flavors. The style of food spans from deep in the Middle East to the mountains of Central Asia. With yogurts, meats, and spices, Turkish cuisine is quickly catching on in the West, as well, and now we can find restaurants serving Turkish cooking alongside Turkish tea and hookah as a popular nighttime activity. I now present to you this short cookbook where I reveal the secrets of how many of these famous dishes are made. I do say à œsecretâ • because not many Westerners practice Turkish cooking, and this is definitely a chance for you to impress some of your friends. Finally, Turkish cooking with many rich salads and fresh ingredients creates a healthy infusion of both Mediterranean and Middle Eastern diets, which are very good for your body. With all of that being said, I welcome you to my book and I hope you enjoy it!

## **Book Information**

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## **Customer Reviews**

I have tried many cuisines before but this book is my first introduction to Turkish dishes. The author starts off providing a little bit of Turkish history when it comes to food preparation and gave a few pointers that newbie cookers can keep in mind to ensure that the meals turn out well . The recipes provided fall under 3 categories appetizers, main dishes and desserts. The instructions for each recipes is very clear and the meals are easy to prepare. I really liked the variety of recipes in this cookbook and would recommend it to those who are new to the Turkish cuisine.

I have been a Chef for the past 20yrs and I can tell you that this cookbook is just fantastic!! Ayaz has obviously put a lot of effort in to writing this book. It is well written with tons of recipe's to follow

with also instructions on just how to do that. Not only that there are pictures of the end results, which helps heaps! Overall, it is a great cookbook for beginners on the Turkish cuisine! Well Recommended!

This cookbook I have really enjoyed. Since I just a beginner to Turkish foods and cooking Turkish foods, this cookbook is so helpful. The recipes are simple and now I can cook these at home and save money over going out to eat, I rate this a 4.3 stars because I wish it had more recipes.

This is an excellent and detailed cookbook about Turkish cuisine. I used to work with a Turkish woman who cooked amazing Turkish food. I didn't know anything about Turkey, but I remember how rich and bold the flavors were. I hoped I would find the dishes I tried at my friend's house and I wasn't disappointed. From Baba Ganoush to Baklava this book contains all the staples you need to cook delicious Turkish food. Highly recommended!

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